



NHS Better Health Programme - Stakeholder Briefing - 06.10.16

North Durham and the NHS Better Health Programme

Across England, NHS organisations and local authorities, have come together to develop improvement plans for health and care in their area by 2020/21. These plans are called Sustainability and Transformation Plans (STPs).

In the North East there are two STP footprints which were focused on the areas of:

- Northumberland, Tyne and Wear and;
- Durham, Darlington, Tees, Hambleton, Richmondshire and Whitby

The Better Health programme will be part of the plan for Durham, Darlington, Tees, Hambleton, Richmondshire and Whitby.

Over the last few months NHS leaders have considered the geographical footprint which will best enable the NHS to plan services, based on discussions with stakeholders and the public. Where patients travel to access services was considered and in North Durham the majority of patients use hospital services in Durham and to the north of Durham in Gateshead and Sunderland. Patient flow to specialist services is mostly to Newcastle rather than South Tees.

To support the planning of hospital services, they have agreed that North Durham area should now be part of the Northumberland Tyne and Wear Sustainability and Transformation Plan. North Durham will also continue to work closely with the Durham, Darlington, Tees, Hambleton, Richmondshire and Whitby Sustainability and Transformation Plan area to support service planning across the two footprints.

Further engagement in the North Durham CCG area will take place in the coming months. Information and updates will be available on the [CCG website](#).



County Durham and Darlington Foundation Trust, which includes Darlington Memorial, University Hospital of North Durham and Bishop Auckland Hospital will continue to be involved in planning for both areas.

Engagement on the Better Health Programme as it affects Durham Dales, Easington and Sedgefield, Darlington, Tees and North Yorkshire will continue with staff, stakeholders, the public and patients in October 2016. Consultation is expected to begin next year.

To register to attend an NHS Better Health Programme public engagement event, please [click here](#).

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